

# Abdominal Therapy for Professionals - Part 2

November 22-28, 2025

Improve the effectiveness of your Abdominal Therapy sessions with this unique protocol. Working the lower back, hips and sacrum, balancing the pelvis and supporting the function of the abdominal organs, ATP2 completes the treatment. Book now, only ten places available!



**Class fee \$1,600 USD**



Rainforest Remedies



Class room at Arco Iris Farm

Building upon the anterior foundations of Abdominal Therapy as taught by Dr. Rosita Arvigo, this class dives deep into the posterior aspects of ATC's work.

Using the Abdominal Therapy Collective's (ATC) unique Health Story consultation, and working on lower back, hips and sacrum, in conjunction with ATC's anterior sequence, you'll be able to offer a complete and detailed Abdominal Therapy treatment to your clients.

You will:

- ② Already have completed anterior training in Abdominal Therapy based upon the teachings of Dr. Rosita Arvigo.
- ② Review and revise your skills learned during your anterior Abdominal Therapy training.
- ② Share your professional experience so far working with the anterior treatment.
- ② Delve deeper into the structural architecture of the pelvis.
- ② Learn how to perform the posterior aspects of Abdominal Therapy.
- ② Explore specific common pelvic conditions in detail.
- ② On completion you will receive a certificate of attendance.



Arco Iris Permaculture Farm

The class is held at Eva Sengfelder's beautiful tropical home *Arco Iris Permaculture Farm* in Cayo District, Belize. This is home to [Rainforest Remedies](#) where you'll see how these herbal remedies are grown and produced.

All this is included...

- ☉ All vegetarian meals (vegan or meat on request).
- ☉ Accommodation.
- ☉ Airport transfers.
- ☉ Class materials. '



Canvas Guesthouse

Class is strictly limited to 10 participants.  
Email Eva: [belizeclasses@gmail.com](mailto:belizeclasses@gmail.com)

**Price:** \$1,950 USD - Flights not included.

**Belizean Discount:** You may be eligible for a discount on the course fee if you're living in Belize. Contact Eva who'll be happy to discuss this possibility.

**Deposit:** Your deposit of \$250 US Dollars or in Europe 250 Eur is required upon registration.

Your outstanding balance can be paid in instalments. The final balance is required no less than 4 weeks prior to start date of class.

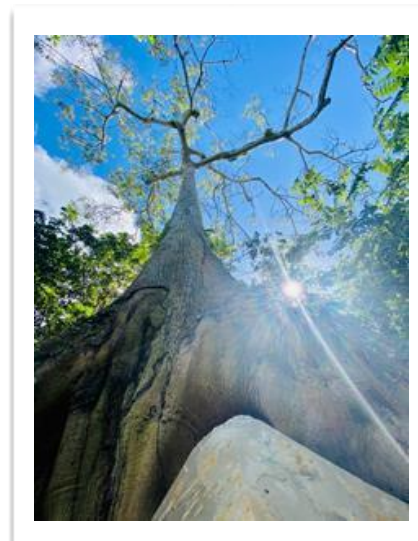
**Refund:** All but \$100 USD will be refunded if you or we have to cancel for any reasons. The administration fee of 100 \$ is not refundable. **Balance due:** 30 days before class starts.

**Registration is open until 15<sup>th</sup> October.**



Pool

**Register here** 



Ceiba Angel



The uterus is the woman's center



Eva and Chef Toby