

Wisdom Keepers Retreat

March 27-April 3, 2025

Join Dr. Rosita Arvigo and Eva Sengfelder as they deep dive into spiritual healing techniques for a week of transformational learning.



Class fee \$2,250 USD



Rainforest Remedies



In this five-day retreat you'll have the opportunity to discuss your experiences working with your knowledge learned in Part 1 and Part 2, and gain valuable feedback and professional support. You'll have the opportunity to experience a daily spiritual bath and a sacred Maya Primicia ceremony at the end of the week.

You will learn:

- ⦿ Additional forms of Limpia (e.g., egg cleansing).
- ⦿ Ways of understanding dream visions.
- ⦿ How to connect with your Spirit Guides and Guardians.
- ⦿ How to intensify your chakra-balancing and pendulum work.
- ⦿ Making flower essences.
- ⦿ You will get topics to choose from.
- ⦿ You will receive: a Certificate of Attendance and
- ⦿ Access to our recourses and ongoing professional support

All this is included...

The retreat is held at Eva Sengfelder's beautiful tropical home *Arco Iris Permaculture Farm* in Cayo District, Belize. This is home to [Rainforest Remedies](#) where you'll see how these herbal remedies are grown and produced.

- ⦿ All vegetarian meals (vegan or meat on request).
- ⦿ Accommodation.
- ⦿ Airport transfers.
- ⦿ Class materials.
- ⦿ Excursion or 'Free day' - Pool and Forest Bathing.



Arco Iris Permaculture Farm

Book your place - Class is limited to 12 participants.

Email Eva: belizeclasses@gmail.com

Price: \$2,250 USD – the Flight is not included.

Deposit: \$550 USD by Zelle to rainforestremediesbelize@gmail.com

Balance due: 6 weeks before class starts.

Covid-19:

Belize does not require any restrictions effective 12th July.

[Click here for the latest COVID-19 Belizean Government guidelines.](#)

Belize Travel Health Insurance is highly recommended get it **[here!](#)**



Spiritual healing garden